

The Mental Health Access Line

 **1800636825**

The Mental Health Access Line provides local callers with mental health information and referral details for Sydney South West Area Mental Health services, 24 hours a day, 7 days a week

When you call you will be connected to an experienced mental health professional who can offer advice or information on:

- Type of service needed
- Availability and contact details for relevant services

Who is the service for

- Residents of our service area (Sydney South West Area Health Service)
- People seeking help for a mental health problem
- Concerned relatives or members of the community
- Health professionals and agencies wishing to contact an appropriate mental health service

Telephone

1800 636 825

or

1 8 0 0 M E N T A L

(free call)